



In the Hawks Nest

At Hans Helgesen Elementary

December 7, 2021

Food Drive for the Food Bank

We are pleased to be supporting the Food Bank by collecting donations until December 14th. The food bank helps provide many members of our community with the items that are essential for a healthy life. Please be as generous as you can for this great cause!

Donations must have a *Best Before* date that is one year away. Please consider donating items like the ones listed below:

- Canned Soup
- School Snacks (Granola Bars, Puddings etc)
- Peanut Butter & Jam
- Alternative Milk (Soy, Almond, Rice)
- Pasta Sauce/ Pasta Noodles
- Canned Beans
- Coffee, Tea
- Canned Fruit
- Personal Hygiene Items

Upcoming Dates

Dec 10	Pizza Day / Pyjama Spirit Day
Dec 17	Last day before winter break
Tues. Jan 4	Schools Reopen
Jan 17	School workshop on Body Percussion
Jan 24-28	Kindergarten Registration for 2022-23
Feb 18	Non-Instructional Day(school not in session)
Feb 21	Family Day Holiday



Our school is grateful to be learning on the traditional lands of Scia'new Beecher Bay Nation, and we raise our hands to thank them for sharing this beautiful land.



Coast Salish Moon: SJELCASEN
The Moon of Putting Your Paddle Away