



# In the Hawks Nest

## At Hans Helgesen Elementary



October 9, 2020

Happy October!

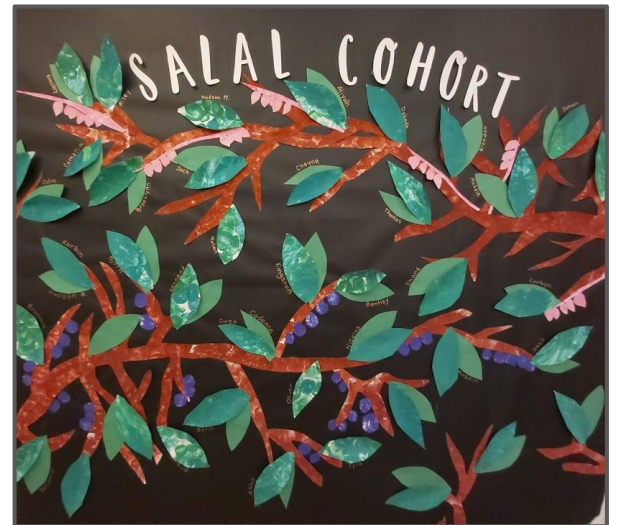
We recognize the traditional teachings of the Coast Salish peoples, and this month we celebrate the Saanich Moon: PEKELÁNEW - The Moon That Turns the Leaves White (October). This is the moon of the turning white season (frost). This moon brings the first frost. The leaves lose their colours and turn pale. Deer hunting is the activity during this moon. The earth is cooling down and the people turn their efforts to hunting.

Happy Thanksgiving! We hope you and your family enjoys this three day weekend and the Fall colours around Metchosin.

Welcome **Tricia Cooper** to the role of Aboriginal Classroom Program Assistant.

Orange Shirt Day was recognized by our school through classroom activities, storytelling and of course lots of orange shirts. Thank you and hych'ka for continuing to support reconciliation through this event.

**Special announcement: Spirit Wear will be launching next week. Stay tuned for an e-mail.**



We would like to acknowledge the traditional territories of the Coast Salish, specifically Scia'new Beecher Bay Nation on which the school is built. We thank them for sharing this beautiful land. Hych'ka – "Thank You"



## Upcoming Dates

- October 12** Thanksgiving Holiday
- October 16** Photo Day  
Pizza at lunch
- October 23** Non-instructional day (Provincial)  
Pizza at lunch
- November 11** Remembrance Day Holiday  
Pizza at lunch
- November 19** Early Dismissal 11:38 AM
- November 20** Non-instructional day  
Pizza at lunch
- December 18** Last day of school before winter break
- January 4** Schools Reopen after winter break



*Mrs. Dubinsky and Ms. Passmore*



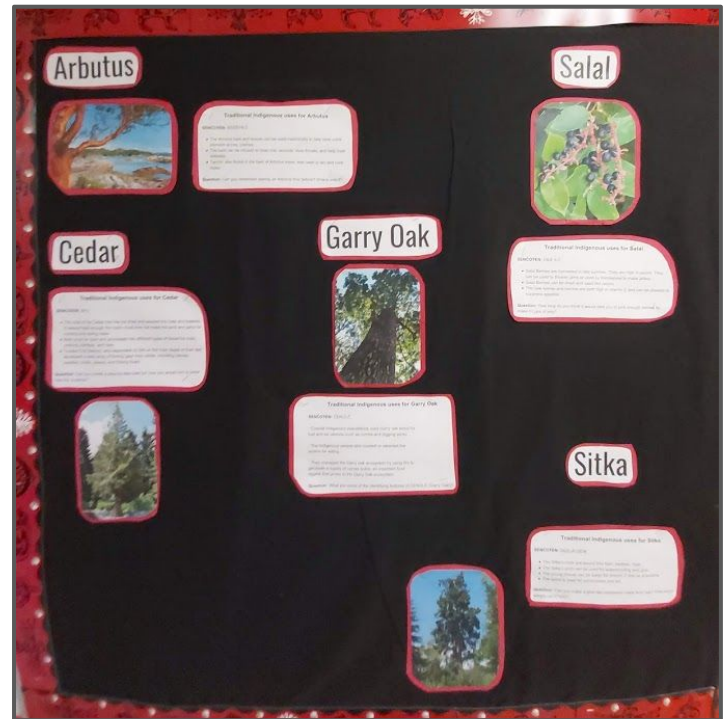
## School District 62 COVID-19 Helpful Information Links:

- [Back to School FAQ](#)
- [Daily Health Check](#)
- [School Calendar](#)
- [Events Calendar](#)
- [BCCD FAQ](#)
- [Island Health Alerts](#)



### Illness

- Students cannot attend school when they are showing any symptoms of ill health.
- When a child is ill at school, they will be isolated and parents will be contacted for immediate pick-up.
- Please create a back-up plan for pick-up if you live and work more than a few minutes away





Our Custodial & Sanitization team of Denise, Dawn and James. Thank you for keeping our school clean with all the extra cleaning procedures.



## After School Pick Up Reminders



The Parent Pick-Up window is between **2:25 - 2:38**.

The diagram shows the area we have created to drop-off students as efficiently as possible.

For all of our safety,

- We would be grateful if parents would wear a mask anytime they are on the school grounds and remember to physically distance (2 m) when talking to staff.
- Follow the arrows and directions of staff.
- We ask parents to leave the school as quickly as possible; please visit with other families off-site.
- The playgrounds and field are closed before and after school to prevent cohorts from mixing.
- Older siblings may go “pick-up” younger siblings to ease parents with multiple pick-up points. Please have this previously arranged with both teachers.



# Daily Health Check – Parents/Guardians

1. Key Symptoms of Illness	Does your child have any of the following symptoms?	Circle One	
		Fever	Yes
	Chills	Yes	No
	Cough or worsening of chronic cough	Yes	No
	Shortness of breath	Yes	No
	Loss of sense of smell or taste	Yes	No
	Diarrhea	Yes	No
	Nausea and vomiting	Yes	No
2. International Travel	Have you returned from travel outside of Canada in the last 14 days?	Yes	No
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	Yes	No

If you answered “YES” to **one** of the questions included under ‘Key Symptoms of Illness’ (excluding fever), the student should **stay home for 24 hours** from when the symptom started.

If you answered “YES” to **two or more** of the questions included under ‘Symptoms of Illness’ or the child has a fever, seek a **health assessment**:

- A **health assessment** includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, the child should not return to school until COVID19 has been excluded and their symptoms have improved.

## When a COVID-19 test is recommended by the health assessment:

If the COVID-19 test is positive, the child should stay home until you are told by public health to end self isolation. In most cases this is . **10 days after the onset of symptoms.**

- **Public health will contact everyone with a positive test.**

If the COVID-19 test is negative, the child can return to school **once symptoms have improved** and they feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless they develop a new illness.

If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and the child's symptoms are not related to a previously diagnosed health condition, **you should stay home from school until 10 days after the onset of symptoms**, and then the child may return if they are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, the child can return to school when **symptoms improve** and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).



## Mural Project

The school is embarking on an exciting collaborative mosaic project for our front entrance. We are challenging families to collect trinkets and objects that will help create our narrative. We feel this will be a fun and positive project during these strange times. Our EA and artist Jenn Kivari is the creator of this unique and fun project!

To collect items, 'think outside the box' with new eyes, listen to your 'recycle conscience' and have fun creating this unique art from repurposed cast-off objects. which then becomes part of a new collaborative art story.

Please collect in these colours: red, orange, yellow, blue, green, indigo and violet, as well as, white/grey for the clouds and yellow/orange for the sunburst.

Examples of materials: tiles, stain glass, felt, pencil crayons, pencils, glass gems or marbles, matchbox cars, small metal toys, sturdy ornaments, small toys, game pieces, dominoes, scrabble squares, dice, beads, buttons, colourful jewelry/pendants/ faces of watches, beach glass, small glass bottles, crystals, stones, bottle caps, letter beads, dishes/pottery. small figurines, animals, keys, Little People, ABC blocks, Lego, objects which represent Metchosin kids/school and so on...

\*Materials need to be able to withstand moisture, are no bigger than 2 or 3 inches wide (give or take), and ideally, have a relatively flat bottom for better adhesion.





### Appointments or Picking Up Early

- Please connect with the classroom teacher about upcoming appointments.
- Call when you arrive at the school. It will take us a few minutes to collect your child from class.
- We would appreciate it if you could please avoid picking-up or dropping off your child between 11:41 and 12:41 (lunchtime)



With respect and friendship,

Cathy and Jon



Lifetouch.

# PICTURE DAY IS COMING

Friday, October 16, 2020  
Hans Helgesen Elem School

### What to Expect:



Students are photographed on Picture Day



Pictures are sent home with your child



Review pictures & purchase on [mylifetouch.ca](http://mylifetouch.ca)

Questions? Please contact Customer Service at 866-457-8212.

