



In the Hawks Nest

At Hans Helgesen Elementary

September 2020



Hello & Welcome back Hans Helgesen school community,

We recognize the traditional teachings of the Coast Salish peoples, and this month we celebrate the Saanich Moon: ĊENQOLEW - the dog salmon returns. We also thank Scia'new Beecher Bay Nation for welcoming our students with a welcome drum by Elder Henry Chipps as children walked up the hill during their first day of school.

On behalf of the staff of Hans Helgesen Elementary, we would like to extend a warm 'welcome back' to our returning families, and an extra special welcome to those of you who are new to our community. The staff is eagerly looking forward to enriching your child's life. Regardless of the configuration of the classroom, your child will receive the curriculum of their particular grade and any adaptations/ enrichment to meet their needs. Thank you for understanding that it can take a few weeks for a child to acclimate to a new school, grade, peer group and teacher. If you would like support helping your child adjust to their new classroom, please contact us.



New Staff:

First, please join us in welcoming our new staff for the 2020/21 school year:

Mr. Matas Tirillis, Grade 3/4
Ms. Natalie Boyd, Grade 2/3
Ms. Ella LeBlanc, Grade K/1 Afternoon
Ms. Tayler Jernslet, Inclusive Education & Ab-Ed
Ms. Caroline Larsen, Education Assistant
Ms. Leslie Lennox, Education Assistant
Ms. Laurie Gibson, Aboriginal Program Assistant
Ms. Tamara Branzser, Principles of Learning Teacher



Upcoming Events

Sept 28 Non-Instructional Day

School will not be in session.

Sept 30 Orange Shirt Day

In honour of reconciliation that every child matters, your child can wear an orange shirt.

For more info, please visit <http://www.orangeshirtday.org/> to see the story of Orange Shirt Day.

Information we need back from you, asap:

- school consents at <https://consent.sd62.bc.ca>
- Emergency release form (sent today with eldest sibling)



We would like to acknowledge the traditional territories of the Coast Salish, specifically Scia'new Beecher Bay Nation on which the school is built. We thank them for sharing this beautiful land. Hych'ka – "Thank You"

Mural Project

The school is embarking on an exciting collaborative mosaic project for our front entrance. We are challenging families to collect trinkets and objects that will help create our narrative. We feel this will be a fun and positive project during these strange times. Our EA and artist Jenn Kivari is the creator of this unique and fun project!

To collect items, 'think outside the box' with new eyes, listen to your 'recycle conscience' and have fun creating this unique art from repurposed cast-off objects. which then becomes part of a new collaborative art story.

Please collect in these colours: red, orange, yellow, blue, green, indigo and violet, as well as, white/grey for the clouds and yellow/orange for the sunburst.

Examples of materials: tiles, stain glass, felt, pencil crayons, pencils, glass gems or marbles, matchbox cars, small metal toys, sturdy ornaments, small toys, game pieces, dominoes, scrabble squares, dice, beads, buttons, colourful jewelry/pendants/ faces of watches, beach glass, small glass bottles, crystals, stones, bottle caps, letter beads, dishes/pottery. small figurines, animals, keys, Little People, ABC blocks, Lego, objects which represent Metchosin kids/school and so on...

*Materials need to be able to withstand moisture, are no bigger than 2 or 3 inches wide (give or take), and ideally, have a relatively flat bottom for better adhesion.



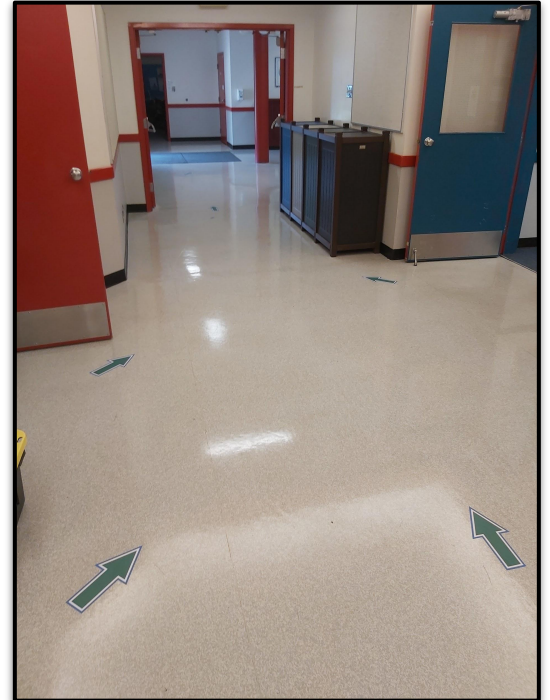
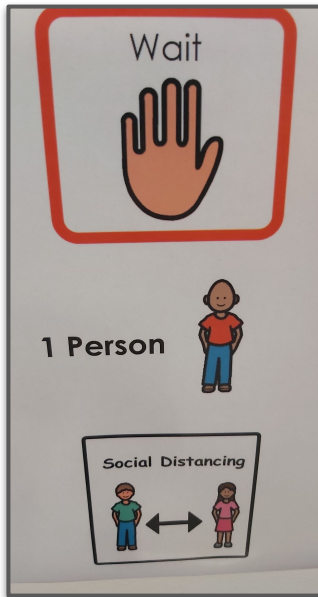


Bussing

*Friendly reminder: if your child is expected to take a bus and you are picking them up that day, please notify the office & classroom teacher the day before, with prior arrangements.

Students have been reminded of the expectations of all bus-riders:

- Sanitize hands as you get on the bus.
- Greet and say good-bye to the driver and school staff
- Sit in your assigned seat
- Talk and act in a way that does not disturb the driver



Reminder

Following School District COVID-19 guidelines, parents are not allowed to enter the school without permission.

Appointments

- Please connect with the classroom teacher about upcoming appointments.
- Call when you arrive at the school. It will take us a few minutes to collect your child from class.
- We would appreciate it if you could please avoid picking-up or dropping off your child between 11:41 and 12:41 (lunchtime)

September Parenting Learning Topic:

Parenting when Anxiety Shows Up as Anger

Registration: <https://attendee.gotowebinar.com/register/1134168643535377165>

see next page for poster



With respect and friendship,

Cathy and Jon



‘in**the**know’

Information and Support

For families and caring adults who
are parenting a child or youth with
mental health challenges.

**IN THE KNOW PROVIDES EXPERT SPEAKERS ON TOPICS IMPORTANT TO FAMILIES.
CONNECT AND LEARN WITH OTHER FAMILIES FOR AN ONLINE DISCUSSION - JOIN BY
COMPUTER OR PHONE.**

Parenting when Anxiety Shows Up as Anger

Join us as we answer questions families have asked about the relationship between anger and anxiety. We'll share experiences and strategies that can help in hard moments and focus on strengthening our relationship with our children and youth when those have passed.

Registration Required:

<https://attendee.gotowebinar.com/register/1134168643535377165>

Communities: Victoria, Campbell River, and
Comox Valley

Cost: Free of Charge

Date: Tuesday, September 29, 2020

Time: 7pm -8:30pm

Connect and learn with other families for this online discussion. We will watch the video and talk about it together. Discussion facilitated by FamilySmart Parent in Residence