



# Hans Helgesen Elementary Newsletter

January 24, 2020

## Aboriginal Learning: Saanich Moon

We are grateful to be working, playing and living on the traditional territory of Scia'new Nation and we thank them for this beautiful land. *Hych'ka (thank you)*

## WEXES - Moon of the Frog (Feb-Mid March)

The frog on the face of the moon represents DOLUANW - the Keeper of the Sacred Season. It is time to gather foods and medicine. This moon was especially welcomed because it signalled that the ocean had become safer to travel on and it was time to put the canoes back into the water. Herring and herring roe, a source of food, were collected by placing cedar branches along the shore for the herring to lay their eggs upon. Herring was also dried into a delicacy called QELEJ and stored for future use. The earliest runs of herring were into Fulford Harbour on Saltspring Island.

### FOOD FOR THOUGHT:

Who or what do you honour in your life?

What signals does nature give us to start or end things?

In what ways do you and your family prepare for spring?

*\*art and words from "The Saanich Year" by Earle Claxton, used with permission for educational purposes\**

## Alaska to Victoria by Kayak

### Owen Enright School Visit

As we were reading the Metchosin Muse a few months ago, an article stood out to us that was incredibly inspirational. We got in touch with the Muse who connected us with Owen Enright, one of the kayakers in the "Alaska to Victoria by Kayak in 69 days" article by Barb Sawatsky. This week, we had the privilege to invite Owen Enright, a Metchosin resident and former Hans Helgesen student and now teacher, into our school to share his story of challenge, resilience and success. At a school assembly, he



presented a photo slideshow and then met with each class individually. Max Douglas, a grade 5 student noted: "I liked how he pushed passed his fears and it must have been pretty cool seeing orcas that close." Kaia Phillips, also in grade 5, said that she noticed "how he was able to problem-solve all of the 69 days" and that it was "cool that he remembers being at Hans Helgesen and even having one of his old teachers still here." We thank Owen for sharing his story with us.

### Kindergarten Registration 2020

If you have a child who will be attending Kindergarten in September 2020, please note registration begins at 8am Monday, January 27<sup>th</sup> and runs through Friday, January 31<sup>st</sup> 3pm. All registrations are completed online and the link is below:

<https://www.sd62.bc.ca/schools/kindergarten>

## Remembrance Day Legion Contest Winner

We would like to acknowledge all of Mr. Carr's grade 5 students who participated in the Remembrance Day Legion Contest in November. The students entered a variety of poems, essays and art posters all of which had an immense amount of thought and care put into them. In January, one of our students won first place at the awards ceremony. A special congratulations to Zeta Armstrong who won first place in the category of black and white art poster. Zeta says that it was "cool" to receive the award even though "I was nervous."



## Going to be away?

Please let us know if you are going to be away using one of these methods:

- Writing a note to the classroom teacher
- Calling the school (250) 478-3431
- Emailing [hanshelgesen2@sd62.bc.ca](mailto:hanshelgesen2@sd62.bc.ca)

## Friday Pizza Days

You can order for one date, all the dates or any combination. It is always up to a family to decide how much they would like to participate. Please be mindful of the deadlines for ordering.

Link to order: <https://sd62.schoolcashionline.com/Fee/Index>

## Upcoming Events

- Jan. 24 - **Pizza Friday** - school spirit day (wear red & black or spirit wear)
- Jan. 27-31 - **K registration** for 2020 September & Literacy Week
- Feb. 7 - **Pizza Friday** - Favourite Sports Team / Jersey Day
- Feb. 14 - **Non-instructional Day**
- Feb. 17 - **Family Day Holiday**
- Feb. 21 - **Pizza Friday** - school spirit day (wear red & black or spirit wear)
- Mar. 6 - **Pizza Friday** / Crazy Hair Day

With respect and friendship,

**Cathy and Jon**

## From the School Board Office



Licensed

# Nature Based Camps

Ages 5 - 12

Camps that offer children a safe supervised place to experience and explore nature, a knowledgeable staff team to teach and mentor young minds, and an opportunity to play and explore in a natural environment

## Spring Break

**8:45 AM - 4:30 PM | 3900 Metchosin Rd. or 345 Wale Rd.**

Week 1: Survival Week

Week 2: Plants & Animals

2020 Registration open January 15th

## Summer

**7:30 AM - 5:00 PM at 3900 Metchosin Rd. |**

**9:00 AM - 5:00 PM at 345 Wale Rd.**

8 weeks of adventure! Explore, Climb, Paddle, Have Fun!

2020 Registration opens January 30th

## Pro D Day

**8:30 AM - 4:30 PM | 3900 Metchosin Rd.**

In accordance with SD 62

Registration open 30 days prior



Register Online at:  
[www.bgcvic.org](http://www.bgcvic.org)

For more info:  
[adventure@bgcvcic.org](mailto:adventure@bgcvcic.org)  
or (250) 661-7438