

Hans Helgesen Elementary Newsletter

November 1, 2019

Moon: WESELÁNEW – MOON OF THE SHAKER LEAVES



Cold and Flu Season

We are at the very start of cold and influenza season is here. Here are some of the reminders we give students are school to decrease the risk of colds and flu:

- Washing hands often
- Coughing and sneezing into their elbow
- Keeping hands away from nose and mouth
- Not sharing food or drink with others

To help limit the spread of germs, please keep your child home from school and activities if they are feverish, coughing a lot, have thick yellow or green discharge from the nose, have vomited in the last 24 hours or otherwise unwell.

In addition to a link from HealthLink BC on Colds and Flu we've included useful information related to other common childhood ailments. We hope you find this information helpful.

Cold and flu

<https://www.healthlinkbc.ca/health-topics/center1046>

Whooping cough

<https://www.healthlinkbc.ca/health-topics/hw65653>

Strep throat

<https://www.healthlinkbc.ca/health-topics/tv7012spec>

lice

<https://www.healthlinkbc.ca/health-topics/hw51114>

Hand Foot and Mouth

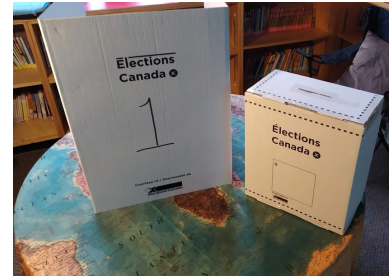
<https://www.healthlinkbc.ca/health-topics/ty6230>



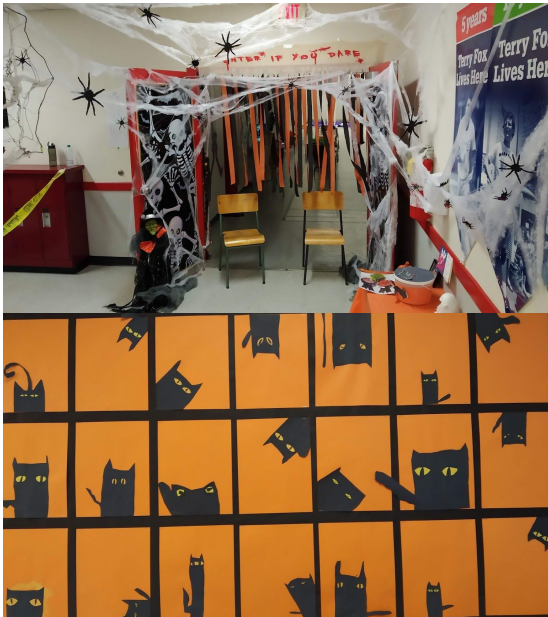
Student Vote



Grade 4 and 5s participated in the Canada-wide student vote on Oct 21st. Each student cast an official ballot with the MP's for the local region, then placed their ballot in an Elections Canada ballot box.



Hallowe'en Dance & Costume Parade



What fun we had at the Hallowe'en Dance. Thank you HH PAC for hosting such a fun, inclusive event! The students proudly showed-off their costumes, yesterday at the Costume parade. Mr Epp gave everyone a chance to have fun and demonstrate their dancing moves! Thank you for the fun!



Lacrosse Workshops by Naomi Walser

We are so fortunate to have had Naomi Walser, who is Ojibwe from Beausoleil First Nation, to lead lacrosse lessons for our school. Students learned four basic skills: picking up the ball, cradling, passing and catching.

New Attendance Procedure - Parent Portal



Coming soon will be the new attendance feature of the MyEdBC system through the Parent Portal. Middle and Secondary teachers in the School District already enter their attendance through this system and elementary teachers have recently been trained to do the same. Parents will be able to access this information through the Parent Portal. If students arrive late, please ensure they continue to sign in at the office, as this will be where we update our attendance to allow our teachers to keep teaching.

Reminder to check-in at the office

Just a reminder from our last newsletter. All parents and visitors need to check-in at the office, when entering the school, even if you are only staying a few minutes. Please help us develop this safety habit by letting the office know you are in the building.

Photo Retakes - Nov 14th (corrected)

If your child was absent on photo day or you didn't get the photo you were hoping for, there is an opportunity to have pictures taken by Lifetouch on **November 14**

Winter Show

There will be showings at **1PM** and **6PM** in the gym. We look forward to seeing you there.

Early Dismissal Day

Nov. 21st @ 11:36

Parent/Volunteer Drivers:

For information on parent drivers, please see our webpage:

<http://hanshelgesen.web.sd62.bc.ca/parents/parent-volunteers/>

Please contact the office to see if your information is current.

Upcoming Events

Nov. 8 -Remembrance Assembly
10:45 am

Nov. 11 -Remembrance Day

Nov.14 -Picture retakes

Nov. 21 -Early dismissal @ 11:36 am
-Parent-Teacher Conferences

Nov. 22 -Non-Instructional Day

Nov. 29 -Winter Show
1PM & 6PM

With respect and friendship,

Cathy and Jon

